

Ideas to suggest to parents:

Encourage your child to dress independently and to choose appropriate clothes.

Point out how clothes fasten.

Talk to your child about clothes that are important in your family, e.g. christening robes, wedding outfits.



Personal, Social and Emotional development

- Discussion about your favourite clothes
- Hanging up the aprons/ coats
- Sorting out the dressing-up clothes
- Clothes that make you feel good
- Opinions – which of these clothes do you like best?
- Pack a case for teddy
- Teddy doesn't want to put a coat on – can you explain why he needs to?
- Can you help each other to find your pegs and hang up your coats?

Physical Development

- Dance and move to music with scarves and ribbons
- Fold sheets and blankets
- Hang out washing on a line
- Parachute games using items of clothing
- Welly throwing
- Which of these clothes would you need to keep warm on a cold day?
- Practice different fastenings
- Find the buttons in the sand pit

Communication and Language

- Whose shoes are these?
- Shoe shop in role play
- Guess what teddy has been doing? He has these clothes in his bag!
- Feely bag – what types of clothes are in this bag?
- Odd shop - which item of clothing is the odd one out?

Expressive Arts and Design

- Choose some shoes – decide how you would walk in them if they were yours
- Move to the music – that would you like to dress up in?
- Role Play: clothes shop
- Button, fabric and lace collage
- Match the colour to the items of clothing
- Button rubbings
- Write and draw with fabric crayons

Literacy

- Sequence cards – getting dressed
- Awareness of symbols on clothing and labels
- Use ribbons to make letter shapes in the air
- Write and draw with fabric crayons on material

CLOTHES

Understanding of the World

- Design and make something simple for teddy to wear?
- Which of these clothes will dry quickest?
- Special clothes – “I remember wearing these clothes when”
- Who wears these clothes?
- Clothes for different times of the year – match the clothes to the weather
- Fabrics – which of these fabrics feels the softest?
- Clothes from around the World (and Father Christmas)
- Clothes worn in bible times (Jesus' birth)

Mathematics

- Button sorting and counting
- Sort clothes by one feature – e.g. colour, type, with buttons, fabric
- Order clothes according to size
- Pairs, e.g. gloves, mittens, socks, shoes
- How many buttons in the feely bag?
- How many buttons can fit into a small box?
- Compare shoes – which one is largest?
- Weighing buttons – can you make them balance?
- Odd socks game