

### Ideas to suggest to parents:

- Point out ambulances/ police cars/ fire engines when you are out and about
- Show your child where your doctor and dental practices are
- Talk to you child about not touching medicines or tablets
- Take your child for a walk to see “people at work”



#### Personal, Social and Emotional development

- 'I don't like it when....'
- Show teddy how you clean your teeth
- Hand washing – which of these soaps do you like best?
- Poorly teddy – how can you make him feel better?
- Make a thank-you letter/ drawing to people who help us.
- Losing a pet.

#### Physical Development

- Draw roads outside and use traffic signs with bikes/ scooters.
- Convert ride-on toys into emergency vehicles.
- Take the pet to the vet through an obstacle course.
- Slide, hop or run? I'll call one out - can you do it?
- Parachute game – listen to the name of the person who helps us and run into the middle if yours is called.

#### Communication and Language

- Role play: Animal hospital, builders, hospital, emergency services office.
- Share posters and discuss what is happening with each picture.
- Learn technical vocabulary linked to the topic
- Sequence a story e.g. "I don't want to go to the hospital"
- 'Simon Says'
- Find and post your name

# PEOPLE WHO HELP US

#### Expressive Arts and Design

- What sounds can your body make?
- Make a fire engine from junk materials.
- Make road signs.
- Traffic light fruit salad.
- Make a police hat.
- Green tissue paper cross.
- 'The world's at work' chant.
- Explore vocal sounds to match the sounds of the street.

#### Mathematics

- Which bandage is the longest/ shortest?
- Which spoon will hold more? - Medicine spoon? Dessert spoon? Tablespoon?
- How many cuddly toys fit into an animal carry box?
- Chairs on a bus – sit in the 1<sup>st</sup> row, 2<sup>nd</sup> row, 3<sup>rd</sup> row etc.
- Compare numbers of bricks.
- Post the letters in the correct numbered boxes.
- Game – 'up' ladders and 'down' hoses.

#### Understanding the World

- Visit by a police officer, paramedic, and dentist.
- Visit to the fire station.
- Walk to a post-box to post a card.
- Discuss roles of refuse collectors, road workers, postal workers, crossing patrol officers and bus drivers.
- Set up your own miniature emergency with small world toys.
- Extend knowledge of what happens if a fire breaks out.
- Sort rubbish for recycling.

#### Literacy

- Non-fiction books related to: - The Police, Fire & Rescue, Hospitals and Vets, In the Street.
- Picture books:- *Fireman Sam* stories, *Burglar Bill*, *The Jolly Postman*, *Postman Pat* stories, *A sick day for Amos*.
- Write a postcard to send home.
- Provide clipboards, paper and pens